

Top 10 All-Time Results in Rugby									
	100 Meter Dash	Year	Time			200 Meter Dash	Year	Time	
1	Eric Nelson	2008	10.61		1	Justin Schiele	1999	21.69	
2	Eric Bachmeier	1991	10.66		2	Scott Frueh	1993	22.08	
3	Bruce Gronvold	1979	10.80		3	Eric Bachmeier	1991	22.17	
4	Jusitn Schiele	1999	10.85		4	Bruce Gronvold	1980	22.19	
5	Daniel Mosser	2004	10.86		5	Travis Anderson	1998	22.25	
6	Scott Frueh	1993	10.91		6	Mike Zwingel	2008	22.37	
	Tom Heilman	1998	10.91		7	Cody Gronvold	2005	22.42	
	Kelepie Rakabikabi	2003	10.91		8	Scott Hauck	1997	22.52	
9	Ian Keller	2010	11.00		9	Curt Halvorson	1968	22.70	
	Brian Herman	1987	11.00		10	Kelepie Rakabikabi	2003	22.72	
	Duane Massine	1970	11.00						
	Steve Hendrickson	1969	11.00						
	John Hilzendager	1969	11.00						
	Chuck McGuire	1961	11.00						
	400 Meter Dash	Year	Time			800 Meter Dash	Year	Time	
1	Scott Frueh	1993	49.53		1	Kevin Miiller	1990	1:55.91	
2	Cody Gronvold	2006	50.50		2	Jason Fritz	1988	1:59.27	
3	Travis Anderson	1998	50.59			Dyaln Yoder	2009	1:59.27	
4	Eric Bachmeier	1991	50.80		4	Scott Frueh	1992	2:00.98	
5	Bruce Gronvold	1979	51.00		5	D. M. Anderson	1979	2:01.10	
6	Josh Anderson	2000	51.17		6	Jim Johnston	1989	2:02.20	
7	Jeff Sperry	1970	51.50		7	Scott Brandt	1995	2:02.24	
8	Dexter Voeller	1994	51.74		8	Dexter Voeller	1993	2:02.65	
9	Kevin Miiller	1989	51.84		9	Pat Hoffart	1989	2:03.80	
10	Dyan Yoder	2010	51.85		10	Kevin Wurgler	1976	2:04.10	
	1600 Meter Run	Year	Time			3200 Meter Run	Year	Time	
1	Kevin Miiller	1990	4:19.46		1	Kevin Miiller	1990	9:22.15	
2	Jason Fritz	1988	4:19.58		2	Jason Fritz	1988	9:28.06	
3	Scott Brandt	1994	4:30.69		3	Jim Johnston	1988	9:57.55	
4	Dylan Yoder	2009	4:32.59		4	Scott Brandt	1995	10:03.38	
5	Jim Johnston	1989	4:34.75		5	Dylan Yoder	2007	10:09.7	
6	Brent Hoffert	1992	4:34.99		6	Eric Wangler	2010	10:21.3	
7	Dustin Jundt	2010	4:39.00		7	Rob Halvorson	1982	10:25.0	
8	Rob Halvorson	1982	4:39.1		8	Brent Hoffert	1992	10:28.9	
9	Kyle Volk	2010	4:39.70		9	Kyle Volk	2010	10:32.8	
10	Carlan Kraft	1963	4:44.8		10	Geoff Childress	2003	10:51.50	
	110 High Hurdles	Year	Time			300 I.M. Hurdles	Year	Time	
1	Eric Kuntz	2010	14.54		1	Cody Gronvold	2006	38.62	
2	Cody Gronvold	2006	14.68		2	Eric Kuntz	2010	38.83	
3	D.J. Anderson	1978	14.80		3	Tom Heilman	1998	40.24	
4	Curt Jaeger	1986	15.05		4	D.J. Anderson	1978	40.50	
5	Jeff Volk	1981	15.12		5	Kirk Kreklau	1994	41.06	
6	Paul Presthus	1962	15.35			Curt Jaeger	1986	41.06	
7	Gary Axtman	1982	15.53		7	Brandon Cameron	2001	41.48	
8	Kirk Kreklau	1993	15.58		8	Lyle Kraft	1980	41.50	
9	Mike Muffenbier	1988	15.61		9	Cody Goetz	2005	41.82	
10	Tommy Dunn	2008	15.64		10	Jeff Volk	1981	42.14	

	<b>High Jump</b>	<b>Year</b>	<b>Height</b>		<b>Long Jump</b>	<b>Year</b>	<b>Distance</b>	
1	Jason Frueh	1999	6'5"		1 Bryant Halvorson	2009	22'11.25"	
2	Justin Schiele	1999	6'4.25"		2 Aaron Teigen	2010	22'6.5"	
3	Dustin Schneibel	1995	6'4"		3 Eric Kuntz	2010	22'6"	
	Tanner Schilke	2001	6'4"		4 Chuck McGuire	1961	22'4.25"	
5	Justin Keller	2005	6'3"		5 Ian Keller	2010	22'1.75"	
6	Chad Thiel	1993	6'2"		6 Kellan Schmaltz	2007	22'1.5"	
	Don Lennon	1984	6'2"		7 Tom Stenson	1978	22'5"	
	Willy Paul	2007	62"		8 Jason Frueh	1998	21'6.5"	
9	Steve Hendrickson	1969	6'1"		9 Willy Paul	2007	21'3.5"	
10	Shawn Keller	1996	6'0"		10 Joe Volk	1981	21'2.5"	
	Tommy Dunn	2009	6'0"					
	<b>Pole Vault</b>	<b>Year</b>	<b>Height</b>		<b>Discus</b>	<b>Year</b>	<b>Distance</b>	
1	Tom Heilman	1998	15'0"		1 Dale Sanderson	1976	167'10"	
2	David Gjovik	1991	14'8"		2 Dale Schneibel	1980	160'1.5"	
3	Cody Gronvold	2006	14'6"		3 Rick Bier	1983	154'5"	
4	Cody Goetz	2005	14'1"		4 Shane Duchscher	2001	153'2"	
	Jan Corpus	1992	14'1"		5 Eric Odegaard	1988	149'10"	
6	Eric Kuntz	2010	14'0"		6 Craig Minette	1993	148'4"	
7	Zach Axtman	2004	13'9"		7 Todd Jensen	1976	146'6"	
8	Jon Corpus	1995	13'7"		8 George Gilmore	1968	144'3"	
9	Jason Blomster	1995	13'6"		9 Dave Stoxen	1978	143'10"	
	Kyle Dillard	2004	13'6"		10 Dustin Fritel	2007	143'8"	
	<b>Shot Put</b>	<b>Year</b>	<b>Distance</b>		<b>Javelin(retired)</b>	<b>Year</b>	<b>Distance</b>	
1	Shane Duchscher	2001	53'7"		1 Donavon Schneibe	1975	177'11"	
2	David Schneibel	1991	53'2"		2 Ron Kirchofner	1969	172'0"	
3	Dale Schneibel	1980	52'7.25"		3 D. M. Anderson	1979	169'11"	
4	Val Eylands	1970	52'1.75"		4 Dale Sandeson	1976	169'10"	
5	Travis Fritel	2007	51'2'		5 Paul Ripplinger	1985	168'7"	
6	Eric Stevenson	2004	51'0.5"		6 Dave Bolinske	1976	164'8.5"	
7	Greg Johnson	1970	51'0"		7 Glen Paul	1985	160'6"	
8	Wayne Stevenson	1968	50'8"		8 Todd Harper	1981	159'7.5"	
9	Rick Bier	1983	50'7"		9 Jeff Spillum	1957	158'9"	
10	Kris Thiel	2000	49'2"		10 Don Hardy	1977	158'1"	
	<b>Triple Jump</b>	<b>Year</b>	<b>Distance</b>		<b>Restricted Javalin</b>	<b>Year</b>	<b>Distance</b>	
1	Jason Frueh	1998	45'6.5"		1 Dustin Schneibel	1995	174'0"	
2	Ian Keller	2010	42'10.5"		2 Reed Duchscher	2007	173'7"	
3	Willy Paul	2007	42'7"		3 Mike Stanley	2001	168'8"	
	Eric Kuntz	2009	42'7"		4 Josh Halvorson	2004	164'8"	
5	Austin Schmaltz	2002	42'6"		5 John Tuchscherer	2005	164'4"	
	Bryant Halvorson	2009	42'6"		6 Zach Thompson	2010	163'2"	
7	Kellan Schmaltz	2007	42'5"		7 Jeff Murtaugh	1996	163'1"	
8	Eric Zwingel	2000	41'8"		8 David McAtee	2009	149'6"	
9	Dustin Schneibel	1995	41'6"		9 Greg Myhre	1999	147'10"	
10	Justin Keller	2002	40'9"		10 Kyle Leier	2002	143'7"	

	<b>400 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
1	2008	44.42	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson					
2	1996	44.89	Jon Corpus, Jason Blomster, Tom Heilman, Scott Hauck					
3	1980	44.90	Lyle Kraft, Lance Kraft, Mitch Anderson, Bruce Gronvold					
4	2009	45.03	Justin Hall, Aaron Teigen, Ian Keller, Bryant Halvorson					
5	2002	45.19	Mike Stanley, Rich Danielson, Austin Schmaltz, Mike Schiff					
6	1970	45.20	Duane Massine, Jeff Sperry, John Parkman, Val Eylands					
7	1992	45.22	Jan Corpus, Kirk Kreklau, Scott Hagel, Eric Bachmeier					
8	1998	45.28	Eric Zwingel, Justin Schiele, Josh Anderson, Justin Frueh					
9	1999	45.30	Mike Duchscher, Travis Anderson, Todd Leier, Justin Schiele					
10	1997	45.36	Todd Leier, Travis Anderson, Tom Heilman, Scott Hauck					
	<b>800 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
1	1999	1:31.50	Todd Leier, Travis Anderson, Mike Duchscher, Justin Schiele					
2	1998	1:31.98	Tom Heilman, Justin Schiele, Luke Boe, Travis Anderson					
3	1969	1:32.1	John Hilzendager, Duane Massine, Jeff Sperry, Steve Hendrickson					
4	1996	1:32.46	Tom Heilman, Jason Blomster, Travis Anderson, Scott Hauck					
5	1980	1:32.7	Lyle Kraft, D. J. Anderson, Lance Kraft, Bruce Gronvold					
7	2008	1:32.72	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson					
6	1997	1:33.09	Tom Heilman, Travis Anderson, Luke Boe, Scott Hauck					
8	2002	1:33.11	Brandon Cameron, Aaron Hallof, Rich Danielson, Mike Schiff					
9	1991	1:33.3	Eric Baumann, Scott Frueh, Scott Hagel, Eric Bachmeier					
10	2009	1:33.39	Josh Houim, Aaron Teigen, Ian Keller, Bryant Halvorson					
	<b>1600 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
1	1998	3:27.24	Travis Vangsness, Tom Heilman, Luke Boe, Travis Anderson					
2	1992	3:28.37	Brent Hoffert, Dexter Voeller, Scott Frueh, Eric Bachmeier					
3	2008	3:30.89	Eric Nelson, Aaron Teigen, Dylan Yoder, Mike Zwingel					
4	2009	3:31.32	Justin Hall, Josh Houim, Aaron Teigen, Dylan Yoder					
5	1989	3:31.36	Nathan Hendrickson, Pat Hoffart, Chad Arthur, Kevin Miller					
6	2010	3:31.90	Levi Schaan, Eric Kuntz, Dylan Yoder, Aaron Teigen					
7	2000	3:32.26	Mike Schiff, Jesse Fritz, Mike Duchscher, Josh Anderson					
8	1993	3:32.28	Chad Nelson, Scott Brandt, Dexter Voeller, Scott Frueh					
9	1996	3:33.03	Jeff Murtaugh, Shawn Keller, Scott Hauck, Travis Anderson					
10	2006	3:30.78	Mike Schmaltz, Jacoby Leer, Reed Duchscher, Cody Gronvold					
	<b>3200 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
1	1988	8:05.13	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miller					
2	1989	8:08.58	Mark Myhre, Pat Hoffart, Jim Johnston, Kevin Miller					
3	1987	8:23.02	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miller					
4	2010	8:26.61	Eric Wangler, Dustin Jundt, Kyle Volk, Dylan Yoder					
5	2009	8:27.26	David McAtee, Dustin Jundt, Kyle Volk, Dylan Yoder					
6	1995	8:27.79	Jeff Murtaugh, Dustin Kirchofner, Justin Thomas, Scott Brandt					
7	1994	8:28.31	Jeff Murtaugh, Dustin Kirchofner, Scott Brandt, Dexter Voeller					
8	1992	8:29.28	Chad Nelson, Scott Brandt, Scott Frueh, Brent Hoffert					
9	1980	8:29.80	Rob Hovland, Terry Heintz, Mike Presnell, Roger Ley					
10	2008	8:31.77	Aaron Teigen, Tyler Haugen, David McAtee, Dylan Yoder					